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CLOSED GEODESICS FOR THE JACOBI METRIC AND PERIODIC SOLUTIONS OF PRESCRIBED ENERGY OF NATURAL HAMILTONIAN SYSTEMS

V. Benci

Mathematics Research Center University of Wisconsin—Madison 610 Walnut Street Madison, Wisconsin 53705

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# UNIVERSITY OF WISCONSIN-MADISON MATHEMATICS RESEARCH CENTER

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**ABSTRACT** 

We prove that the Hamiltonian system

$$\begin{cases} \dot{p} = -\frac{\partial v}{\partial q} \\ \dot{q} = p \end{cases} \quad p,q \in \mathbb{R}^n; \quad v \in C^2(\mathbb{R}^n)$$

has at least one periodic solution of energy h, provided that the set  $\{q \in \mathbb{R}^n \big| V(q) \leq h\} \quad \text{is compact.}$ 

AMS (MOS) Subject Classifications: 58E10, 58F22, 70J10, 34C25

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<sup>\*</sup>Dipartimento di Matematica, Universita di Bari, Bari, Italy

## SIGNIFICANCE AND EXPLANATION

Questions of existence of periodic solutions for classical mechanical systems have a long history. The development of the nonlinear functional analysis has provided powerful new tools and renewed interest in these problems. In this paper we consider the Hamiltonian system

$$(*) \begin{cases} \dot{p} = -\frac{\partial V}{\partial q} \\ \dot{q} = p \end{cases}$$

where p,q  $\in \mathbb{R}^n$  and  $V \in C^2(\mathbb{R}^n)$  and we prove that (\*) has at least one periodic solution of energy h, provided that the set

$${q \in \mathbb{R}^n | V(q) < h}$$

is bounded.

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# CLOSED GEODESICS FOR THE JACOBI METRIC AND PERIODIC SOLUTIONS OF PRESCRIBED ENERGY OF NATURAL HAMILTONIAN SYSTEMS

V. Benci\*

### 1. INTRODUCTION AND MAIN RESULTS.

We consider a natural Hamiltonian function  $H \in C^2(\mathbb{R}^{2n})$  i.e. function of the form

(1.1) 
$$H(p,q) = \frac{1}{2} |p|^2 + V(q) \quad p,q \in \mathbb{R}^n$$

and the corresponding system of differential equations

$$\dot{p} = -\frac{\partial H}{\partial q}, \quad \dot{q} = \frac{\partial H}{\partial p}$$

where "" denotes d/dt.

It is well known that the function H itself is an integral of the system (1.2). In fact it represents the energy of the dynamical system described by (1.2). It is a natural problem to ask if the equation (1.2) has periodic solutions of a prescribed energy h. The main result of this paper is the following theorem:

Theorem 1.1. Suppose that

(1.3) 
$$\Omega = \{q \in \mathbb{R}^n | V(q) < h\}$$

is bounded and not empty. Then the Hamiltonian system (1.2) has at least one periodic solution of energy h.

Remark I. The assumption (1.3) is necessary. In fact the Hamiltonian  $H(p,q) = \frac{1}{2} |p|^2 + q$  has no periodic solution.

Remark II. If there is  $q_0 \in \partial\Omega$  such that  $\nabla V(q_0) = 0$ , then  $q \equiv q_0$  and  $p \equiv 0$  is a periodic solution of (1.3) of energy h. If we want to have nonconstant periodic solutions of energy h, we need to add the following assumption

(1.4) 
$$V(q) \neq 0$$
 for every  $q \in \partial \Omega$ .

If (1.4) is violated, then it may be that (1.3) has no nonconstant periodic solution as the following example shows:

$$H(p,q) = \frac{1}{2}|p|^2 + q^4 - q^3$$
 (p,q) e R; h = 0

<sup>\*</sup>Dipartimento di Matematica, Universita di Bari, Bari, Italy

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Remark III. As it will be clear by the proof, Theorem 1.1 applies also to Hamiltonians of the form

(1.5) 
$$H(p,q) = \frac{1}{2} \sum_{ij} a_{ij}(q) p_i p_j + V(q)$$

where  $\{a_{ij}(q)\}$  is a positive definite matrix for every  $q \in \Omega$ . However, since our proof is based on the variational principle of Monpertius-Jacobi, it cannot be applied to Hamiltonians whose "kinetic energy" term is not a positive definite quadratic form.

The search of periodic solutions of prescribed energy is a problem which has a long history. We refer to  $\{R_{\uparrow}\}$  and  $\{Br\}$  for recent surveys and we restrict ourselves to mention only some of the more recent results. Weinstein and Moser  $\{W,M\}$  have studied the existence of periodic solution near an equilibrium. In this case, under suitable assumptions, the existence of n periodic orbit can be proved. However, far from an equilibrium, the existence of n-periodic orbits can be proved only under more restrictive assumptions on the energy surface H(p,q) = h. Eckland and Lasry  $\{EL\}$  have proved this fact when such surface if convex and contained in the set  $A_R = \{(p,q) \mid R \leq |p|^2 + |q|^2 \leq R\sqrt{2}\}$  for some R > 0 (see also Ambrosetti and Marcini for another proof  $\{AM\}$ ). A result of Berestycki, Lasry, Mancini and Ruf  $\{BLMR\}$  is the last results in this direction as far as I know; it includes both the theorem of Weinstein and the theorem of Eckland and Lasry.

If the existence of at least one periodic orbit is required more general Hamiltonians are allowed. Seifert, in a pioneering work [S], has proved that the Hamiltonian (1-5) has at least one periodic solution provided that  $\Omega$  is diffeomorphic to a ball. The theorem of Seifert has been generalized in many ways (cf.  $[R_1]$ ). The last results in this direction is due to Rabinowitz  $[R_2]$ . He considers a Hamiltonian of the form

$$H(p,q) = K(p,q) + V(q)$$

where  $\frac{\partial R}{\partial p} \cdot p > 0$  for |p| > 0 and Q is diffeomorphic to a ball.

Under these assumptions he has proved the existence of at least one periodic orbit. The result of Rabinowitz, compared with Theorem 1.1, allows a more general "kinetic energy" term but still has to impose that  $\Omega$  is diffeomorphic to a ball.

Also in a recent paper Gluck and Ziller [GZ] have proved a theorem similar to Theorem 1.1. Under the assumption of Theorem 1.1, they have proved the existence of a nontrivial periodic solution (actually of a brake orbit; cf. Remark IV for its definition); (they seem to have forgotten to explicitly state assumption (1.4) which is necessary as the Remark II shows). Our proof of Theorem 1.1 is quite different from their proof; it is based on a different approximation scheme and uses more analytical tools

Our method of proving Theorem 1.1 is based on the least action principle of Maupertius-Jacobi (cf. e.g. [A] page 245 or [G] for Hamiltonians of the form (1-5)) which leads our problem to a problem of differential geometry which will be explained below.

Let  $\Omega$  be an open set in  $\mathbb{R}^n$  with smooth (say  $C^2$ ) boundary and let  $a \in C^2(\overline{\Omega},\mathbb{R}^n)$  be a nonnegative function. We consider the metric

where 
$$ds = \sqrt{\sum_{i} (dx_{i})^{2}}$$
 is the Euclidean metric. If  $a(x) = h - V(x)$ , (h  $\in \mathbb{R}$ ) the metric (1.6) is the "Jacobi metric" associated to the Hamiltonian (1.1). The Maupertius-Jacobi principle states that the closed geodesics of the "Jacobi metric" are the periodic orbit of (1.1) of energy h.

- (i)  $Y(t) \in \Omega$  except may be for t = 0 and  $t = \frac{1}{2}$
- (ii)  $\gamma \in c^2(I,\Omega)$  where  $I = \gamma^{-1}(\Omega)$
- (iii)  $\frac{d}{dt} [a(\gamma)^{\frac{1}{2}}] = \frac{1}{2} |\dot{\gamma}|^2 \nabla a(\gamma)$  for every  $t \in I$ .

Remark IV. The closed geodesic as defined by the above definition are of two different type:

(1.7) interior geodesics: 
$$\gamma(s^1) \partial \Omega = \phi$$

(1.8) brake geodesics: 
$$\gamma(s^1) = \partial \Omega = \{0, \frac{1}{2}\}$$

The interior geodesics are just smooth curves contained in  $\Omega$ , while the brake geodesics satisfy the relation

(1.9) is an easy consequence of the Maupertius-Jacobi principle (cf. Remark V). The precise statement of the Maupertius-Jacobi principle is the following

### Theorem 1.3. Suppose that

(1.10) 
$$a(x) = h - V(x)$$

and that (1.4) is satisfied. Then to every closed geodesic, by a suitable reparametrization of the independent variable (time), corresponds a periodic solution of (1.1) of energy h.

<u>Proof.</u> For the convenience of the reader we shall give the proof of he Manpertius-Jacobi principle. Let  $\gamma$  be a closed geodesic and let  $I_0$  denote  $S^1$  if  $\gamma$  is an interior geodesic or  $(0, \frac{1}{2})$  if  $\gamma$  is a brake geodesic. As we can check easily  $\frac{1}{2}a(\gamma)|\dot{\gamma}|^2$  is an integral of equation (iii). Then

(1.11) 
$$\frac{1}{2}a(\gamma)|\dot{\gamma}|^2 = \lambda \text{ for every } t \in I_0$$

where  $\lambda > 0$  is the integration constant. By (1.10) and (1.11) and equation (iii) we get (1.12)  $a \frac{d}{dt} \left[ a(\gamma) \dot{\gamma} \right] = -\lambda \nabla V(\gamma) \text{ for } t \in (0,1)$ 

Now we define the following function

(1.13) 
$$s(t) = \int_{0}^{t} \frac{\sqrt{\lambda}}{a(\gamma(\tau))} dt \quad t \in I_{0}$$

If  $\gamma(t)$  is an interior geodesic  $\frac{1}{a(\gamma(t))}$  is a bounded function. If  $\gamma(t)$  is a brake geodesic we have to prove that the integral (1.13) converges.

By (1.11) we get the following inequality

$$\left|\frac{\mathrm{d}}{\mathrm{dt}} \frac{1}{\mathrm{a}(\gamma(\mathrm{t}))}\right| = \left|\frac{\nabla \mathrm{a}(\gamma)\dot{\gamma}}{\mathrm{a}(\gamma)^2}\right| < \frac{\sqrt{2\lambda} \left|\nabla \mathrm{a}(\gamma)\right|}{\mathrm{a}(\gamma)^{5/2}} + e(0, \frac{1}{2})$$

Since we have supposed  $v \in c^2(\overline{\Omega})$ ,  $|\nabla a(x)|$  is bounded for  $x \in \overline{\Omega}$ , so we have

$$\left|\frac{d}{dt}\frac{1}{a(\gamma(t))}\right| \le M_1 \left(\frac{1}{a(\gamma(t))}\right)^{5/2} te(0, \frac{1}{2})$$

where M<sub>1</sub> is a suitable constant.

The above inequality and standard estimates for ordinary differential equations give the following inequality near t=0 and  $t=\frac{1}{2}$ 

$$\frac{1}{a(\Upsilon(t))} < \frac{M_2}{(t-t_0)^{2/3}} \text{ with } t_0 = 0 \text{ or } \frac{1}{2} \text{ and } M_1 \text{ is a suitable constant.}$$

Thus in every case the function (1.13) is well defined for t  $e^{\bar{x}}_0$ . Since it is a continuous increasing function it is invertible; t(s) will denote its inverse.

We now set

$$q(s) = \gamma(t(s))$$

By (1.12) we have

(1.15) 
$$\frac{dt}{da} = \lambda^{-1/2} a(\gamma) \text{ for } t \in s(I_0)$$

Then

$$\frac{d^2}{ds^2}q(s) = \frac{d}{ds}\left[\mathring{\gamma}\frac{dt}{ds}\right] = \lambda^{-\frac{1}{2}}\frac{d}{ds}\left[a(\gamma)\mathring{\gamma}\right] = \lambda^{-\frac{1}{2}}\frac{d}{dt}\left[a(\gamma)\mathring{\gamma}\right]\frac{dt}{ds} = \lambda^{-1}a(\gamma)\frac{d}{dt}\left[a(\gamma)\mathring{\gamma}\right]$$

Replacing the above inequality in (1.12) we get

$$\frac{d^2}{ds^2} q(s) = -\nabla v(q)$$

The above inequality holds for every  $s \in t(I_0)$ . If  $I_0 = (0, \frac{1}{2})$  arguing in the same way we can prove (1.16) for  $(\frac{1}{2}, 1)$ . Thus (1.16) holds for every  $s \in t(S^1)$ . Moreover by (1.11), (1.15) and (1.10) we get

Finally setting  $p(s) = \frac{dq(s)}{ds}$ , we obtain a periodic solution (q(s),p(s)) of (1.1) of energy h.

Remark V. By the proof of theorem we see that a brake geodesic generates a solution of (1.16) such that  $q(s(0)) = \gamma(0)$  and  $q(s(\frac{1}{2})) = \gamma(\frac{1}{2})$ . Moreover, by the uniqueness of

the solution of equation (1.16) it follows that  $q(s(\frac{1}{2}) - s_0) = q(s(\frac{1}{2}) + s_0)$  for  $s_0 \in (0, s(\frac{1}{2}))$ . Therefore the brake geodesic satisfy (1.9). Also we have the following formula for the period of q(s):

$$T = \int_0^1 \frac{\sqrt{\lambda}}{a(\gamma(\tau))} d\tau$$

The problem with the metric (1.6) is that it degenerates for  $x \in \partial \Omega$  so that the standard techniques of the Riemannian geometry cannot be applied without many troubles

The main purpose of the next section is to prove the following theorem

Theorem 1.4. Let  $\Omega$  be an open bounded set in  $\mathbb{R}^n$  with boundary of class  $C^2$  and let  $a \in C^2(\overline{\Omega})$  be a nonnegative function. Then if

(1.18) 
$$a(x) = 0 \quad \underline{if \text{ and only } if} \quad x \in \partial\Omega$$

(1.19) 
$$\nabla a(x) \neq 0 \quad \underline{for} \quad x \in \partial \Omega$$

there exists at least one closed geodesic for the metric (1.6).

Clearly Theorem 1.1 is an immediate consequence of Theorems 1.3 and 1.4

### 2. PROOF OF THEOREM 1.4

The geodesics are the critical points of the "length" functional

(2.1) 
$$J(Y) = \int a(Y) |Y|^2 dt$$
  $Y \in C^2(S^1, \overline{\Omega})$  where  $S^1 = [0, 1]/\{0, 1\}$ 

However, since a(x) degenerates for  $x + \partial \Omega$ , it is difficult to study directly the functional (2.1) and an approximation scheme seems to make life easier.

Let  $\chi \in C^{\bullet}(\mathbb{R})$  be a function such that

$$\chi(t) = 0$$
 for  $0 \le t \le 1$ 

$$\chi(t) = 2$$
 for  $t > 2$ 

$$\chi'(t) > 0$$

and for every  $\varepsilon > 0$  we set

(2.2) 
$$U_{\varepsilon}(x) = \chi(\frac{\varepsilon}{a(x)}) \frac{1}{a(x)}$$

and

(2.3) 
$$J_{\epsilon}(Y) = \int \{ \frac{1}{2}a(Y) | \dot{\gamma} |^2 - U_{\epsilon}(Y) \} dt \quad Y \in C^2(S^1, \Omega)$$

Clearly for every  $Y \in C^2(S^1,\Omega)$ ,  $J_{\epsilon}(Y) + J(Y)$  for  $\epsilon + 0$ . The critical points of  $J_{\epsilon}$  satisfy the equation  $dJ_{\epsilon}(Y)[\delta Y] = 0$  i.e.

$$\int \left\{ a(\gamma_{\varepsilon}) \dot{\gamma}_{\varepsilon} \cdot \delta \dot{\gamma} + \frac{1}{2} (\nabla a(\gamma_{\varepsilon}) \cdot \delta \gamma) |\dot{\gamma}_{\varepsilon}^{2}| \right.$$

$$+ \left[ \chi \left( \frac{\varepsilon}{a(\gamma_{\varepsilon})} \right) \frac{1}{a(\gamma_{\varepsilon})^{2}} + \varepsilon \chi^{*} \left( \frac{\varepsilon}{a(\gamma)} \right) \frac{1}{a(\gamma_{\varepsilon})^{3}} \right] \nabla a(\gamma_{\varepsilon}) \cdot \delta \gamma \right\} dt = 0$$

which gives the Euler-Lagrange equation for the functional (2.3)

(2.5) 
$$\frac{d}{dt} \left[ a(\Upsilon)^{\frac{1}{2}} \right] = \frac{1}{2} \left| \uparrow \right|^2 \nabla a(\Upsilon) - \nabla U_{\epsilon}(\Upsilon)$$

Of course equation (2.5) are an approximation of the geodesic equation (iii) of Definition 1.2. However equation (2.5) is easier to deal with. In fact we have the following result. Theorem 2.1. For every  $\varepsilon \in (0,\varepsilon_0)$  where  $\varepsilon_0$  is small enough) there exists a function  $\gamma_\varepsilon \in \operatorname{C}^2(\operatorname{S}^1,\operatorname{R}^n)$  solution of (2.5). Moreover  $\gamma_\varepsilon$  can be chosen in such a way that the following estimate holds

$$\alpha \leq J_{\varepsilon}(\gamma_{\varepsilon}) \leq \beta$$

where  $\alpha$  and  $\beta$  are constants which depend only on  $\Omega$  (and not on  $\epsilon$ ).

The proof of the above theorem is contained in [B], Theorem 1.1.

Our aim is to prove that  $\left\{\gamma_{\varepsilon}\right\}_{\varepsilon>0}$  has a subsequence converging to a closed geodesic for our Jacobi metric. To carry out this program some estimates are necessary. We set

$$\begin{cases} s_{\varepsilon} = J_{\varepsilon}(Y_{\varepsilon}) = \int \left\{ \frac{1}{2}a(Y_{\varepsilon})|\dot{\gamma}_{\varepsilon}|^{2} - U_{\varepsilon}(Y_{\varepsilon})\right\} dt \\ L_{\varepsilon} = \int \frac{1}{2}a(Y_{\varepsilon})|\dot{\gamma}_{\varepsilon}|^{2} dt \end{cases}$$

The interpretation of  $S_{\epsilon}$  and  $L_{\epsilon}$  are obvious:  $L_{\epsilon}$  is the square of the length of the curve  $\gamma_{\epsilon}$  in the Jacobi metric;  $S_{\epsilon}$  can be regarded as the action functional of the trajectory  $\gamma_{\epsilon}$  with respect to the Lagrangian function

 $L_{\epsilon}(x,\xi) = \frac{1}{2}a(x)|\xi|^2 - U_{\epsilon}(x)$  (x e  $\Omega$ ,  $\xi$  e  $\Omega$ ). Notice that  $L_{\epsilon}(x,\xi)$  is not the Lagrangian function associated with the Hamiltonian (1.1).

# Lemma 2.2. There exists a sequence $\epsilon_k + 0$ and a constant $L_0 > 0$ such that

(b) 
$$L_{\varepsilon_k} + L_0 \quad \underline{for} \quad k + +\infty$$

Proof. By Theorem 2.1 we have

$$\alpha \leq S_{\varepsilon} \leq \beta$$

Then (a) follows straightforward.

By (1.18) and (1.19), for every M>0 there exists  $\epsilon>0$  such that

$$\frac{\left|\nabla a(x)\right|^2}{a(x)^2} > M \frac{1}{a(x)}$$
 for every x such that  $a(x) < \varepsilon/2$ 

By the above inequality we get

(2.6) 
$$\chi\left(\frac{\varepsilon}{a(x)}\right) \frac{\left|\nabla a(x)\right|^2}{a(x)^2} > M\chi\left(\frac{\varepsilon}{a(x)}\right) \frac{1}{a(x)} = MU_{\varepsilon}(x)$$

So we can select sequences  $\epsilon_k + 0$  and  $M_k + +\infty$  such that

(2.7) 
$$\begin{cases} s_{\varepsilon_{k}} + L_{0} \\ U_{\varepsilon_{k}}(x) \leq \frac{1}{M_{k}} \chi(\frac{\varepsilon_{k}}{a(x)}) \frac{|\nabla a(x)|^{2}}{a(x)^{2}} & \text{for every } x \in \Omega \end{cases}$$

By the equation (2.4) with  $\delta \gamma(t) = \nabla a(\gamma_{\epsilon}(t))$  we get

where  $d^2a(x)[\xi^2]$  denotes the second differential of  $a(\cdot)$ . Since the second and the fourth term in the above integral are nonnegative, we get the following inequality

$$(2.9) \int \chi(\frac{\varepsilon}{a(\gamma_{\varepsilon})}) \frac{\left|\nabla a(\gamma_{\varepsilon_{k}})\right|^{2}}{a(\gamma_{\varepsilon_{k}})^{2}} dt \leq -\int a(\gamma_{\varepsilon}) d^{2}a(\gamma_{\varepsilon}) \left[\dot{\gamma}_{\varepsilon}\right]^{2} dt \leq \left[d^{2}a\right] \int a(\gamma_{\varepsilon}) \left|\dot{\gamma}_{\varepsilon}\right|^{2} dt$$

where we have set

$$||a^2a|| = \max\{a^2a(x)[\xi]^2|x \in \overline{\Omega}, \xi \in T\Omega, |\xi| = 1\}$$

So we have

$$L_{\varepsilon_{k}} = \frac{1}{2} \int a(\gamma_{\varepsilon_{k}}) |\dot{\gamma}_{\varepsilon_{k}}|^{2} dt = s_{\varepsilon_{k}} + \int U_{\varepsilon_{k}} (\gamma_{\varepsilon_{k}}) dt =$$

$$\leq s_{\varepsilon_{k}} + \frac{1}{M_{k}} \int \chi_{\varepsilon_{k}} (\frac{\varepsilon_{k}}{a(\gamma_{\varepsilon_{k}})}) \frac{|\nabla a(\gamma_{\varepsilon_{k}})|^{2}}{a(\gamma_{\varepsilon_{k}})^{2}} dt \quad [by (2.7)]$$

$$\leq s_{\varepsilon_{k}} + \frac{1}{M_{k}} \int a(\gamma_{\varepsilon_{k}}) |\dot{\gamma}_{\varepsilon_{k}}|^{2} dt \quad [by (2.9)] .$$

$$= s_{\varepsilon_{k}} + \frac{1}{M_{k}} L_{\varepsilon_{k}}$$

Thus by the above formula and thedefinition of  $S_{\epsilon}$  and  $L_{\epsilon}$  we get

$$(1 - \frac{\operatorname{Id}^2 \operatorname{al}}{\operatorname{M}_k}) \operatorname{L}_{\varepsilon_k} < \operatorname{S}_{\varepsilon_k} < \operatorname{L}_{\varepsilon_k}$$

Thus, since  $M_k$  ++ $\infty$  and  $S_{\epsilon}$  +  $L_0$  for k ++ $\infty$ , the second assertion of the lemma follows.

Corollary 2.3. If we set

$$\mathbf{E}_{\varepsilon} = \int_{0}^{1} \frac{1}{2} \mathbf{a}(\gamma_{\varepsilon}) |\dot{\gamma}_{\varepsilon}|^{2} + \mathbf{U}_{\varepsilon}(\gamma_{\varepsilon}) d\varepsilon$$

we have

(a) 
$$\frac{1}{2}a(\gamma_{\epsilon}(t))|\dot{\gamma}_{\epsilon}(t)|^2 + U_{\epsilon}(\gamma_{\epsilon}(t)) = E_{\epsilon}$$
 for every t e [0,1]

(h)  $E_{\varepsilon_1} + L_0$  for  $k + +\infty$ .

<u>Proof.</u> (a) by direct computation, it is easy to see that the left hand side of equation (a) is an integral of equation (2.5). More exactly if  $J_{\varepsilon}$  is interpreted as the Hamilton functional for the Lagrangian  $L_{\varepsilon}(x,\xi)$ , then  $E_{\varepsilon}$  can be interpreted as the energy.

(b) follows by the fact that we have the identity

and by lemma 2.2.

Now let  $H^1(S^1)$  denote the Sobolev space obtained as the closure of  $C^{\infty}(S^1,\mathbb{R}^n)$  with respect to the norm

$$\|\gamma\|_{H^{1}} = \left[\int_{0}^{1} |\dot{\gamma}|^{2} + |\gamma|^{2} dt\right]^{1/2}$$

Lemma 2.4 There eixsts a sequence  $\varepsilon_k + 0$  and  $\gamma \in H^1(S^1)$  such that

$$\gamma_{\varepsilon_k} + \gamma$$
 weakly in  $H^1(s^1)$ 

<u>Proof.</u> Consider the equality (2.8). Since the third and the fourth terms are nonnegative, we get

(2.10) 
$$\frac{1}{2} \int |\dot{\gamma}_{e}| |\nabla a(\gamma_{e})|^{2} dt \le - \int a(\gamma_{e}) d^{2} a(\gamma_{e}) |\dot{\gamma}_{e}^{2}| \le ||d^{2}a|| \int a(\gamma_{e}) |\dot{\gamma}_{e}|^{2} dt$$

(2.11) 
$$\operatorname{Ma}(x) + \left| \nabla a(x) \right|^2 > v \text{ for every } x \in \Omega$$
.

By Corollary 2.3(b), we have that

So by the above formula and (2.10) we get

$$1/2 \int |\nabla a(\gamma_{\epsilon_k})|^2 |\dot{\gamma}_{\epsilon_k}|^2 \le (2L_0 + 2)Id^2aI$$
 for k large .

Adding the above formula with M times (2.12) we get

$$\frac{1}{2}\int \left\{ \operatorname{Ma}(Y_{\varepsilon_{k}}) + \left[ \operatorname{Va}(Y_{\varepsilon_{k}}) \right]^{2} \right] \left| \dot{Y}_{\varepsilon} \right|^{2} \le C \text{ with } C = (2L_{0} + 2) \operatorname{Hdal} + (L_{0} + 1) \operatorname{M}$$

Now, using (2.11) and the above formula we get

$$\frac{v}{2} \int |\dot{\gamma}_{\epsilon_k}|^2 \leq c_2$$

Proof of Theorem 1.4. By lemma 2.4 we have that

Finally we can prove Theorem 1.4.

(2.13) 
$$\gamma_{\epsilon_{L}} + \gamma$$
 weakly in  $H^{1}(S^{1})$  and uniformly.

We want to prove that there exists  $t_0 \in S^1$  and d > 0

(2.14) 
$$\operatorname{dist}(Y_{\varepsilon_k}(t_0), 3\mathbb{Q}) \ge d > 0 \text{ for every } k.$$

We argue indirectly and suppose that for every t  $\in S^1$  there exists a sequence  $d_k + 0$  such that

$$dist(\gamma_{\varepsilon_k}(t), \partial\Omega) < d_k$$

Then we have

$$\mathbf{L}_{\varepsilon_{\mathbf{k}}} = \int \frac{1}{2} \mathbf{a}(\mathbf{y}_{\varepsilon_{\mathbf{k}}}) \left| \hat{\mathbf{y}}_{\varepsilon_{\mathbf{k}}} \right|^{2} dt \leq \max\{\mathbf{a}(\mathbf{x}) \mid \text{dist}(\mathbf{x}, \partial \Omega) \leq d_{\mathbf{k}} \right\} + \|\mathbf{y}_{\mathbf{k}}\|_{\mathbf{H}^{1}}^{2}.$$

Thus by lemma 2.4 and (1.18),  $L_{\varepsilon_k} \to 0$ . But this fact contradicts lemma 2.2. So (2.14) holds. Therefore the set  $\{t \mid \gamma(t) \in \Omega\}$  is not empty. Let  $\Delta$  be one of its connected components.

Now let  $\phi \in C_0^\infty(\Lambda,\mathbb{R}^n)$  (i.e. a smooth function with support contained in  $\Delta$ ). By equation (2.4) with  $\delta \gamma = \phi$  we get

(2.15) 
$$\int_{\Delta} a(\gamma_{\varepsilon_{k}}) \dot{\gamma}_{\varepsilon_{k}} \phi + \frac{1}{2} |\dot{\gamma}_{\varepsilon_{k}}|^{2} |\nabla a(\gamma_{\varepsilon_{k}}) \cdot \phi| - |\nabla v_{\varepsilon_{k}} (\gamma_{\varepsilon_{k}}) \phi| dt = 0$$

Since  $\gamma_{\varepsilon_k} + \gamma$  uniformly then

$$\begin{cases} a(\gamma_k) + a(\gamma) \\ \\ \nabla a(\gamma_k) + \nabla a(\gamma_k) \end{cases}$$
 uniformly.

Moreover by (2.2)

(2.17) 
$$\forall v_{\epsilon_k}(\gamma_k(t)) = 0 \text{ for } k \text{ large enough and } t \in \text{supp } \emptyset$$

Now (2.13), (2.16) and (2.17) allow us to take the limit in (2.15) and we get

$$\int_{A} a(\gamma) \dot{\gamma} \dot{\delta} + \frac{1}{2} |\dot{\gamma}|^{2} (\nabla a(\gamma), \dot{\phi}) dt = 0 \quad \text{for every} \quad \dot{\phi} \in C_{0}^{\infty}(\Delta, \mathbb{R}^{n})$$

Therefore  $\gamma$  satisfy equation (iii) of Definition 1.2 for every t  $\in \Delta$ . Thus if  $\Delta = S^1$  we have obtained an interior geodesic and we are finished. If  $\Delta \neq S^1$ , we consider the affine transformation

$$\tau : \Delta + (0, \frac{1}{2})$$

Since equation (iii) is invariant for affine transformation, the the function

$$\widetilde{\gamma}(t) = \begin{cases} \gamma(\tau^{-1}(t)) & \text{if } t \in (0, \frac{1}{2}) \\ \gamma(\tau^{-1}(1-t)) & \text{if } t \in (\frac{1}{2}, 1) \end{cases}$$

provides a brake geodesic according to Definition 1.2.

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We prove that the Hamiltonian system

$$\begin{cases} \dot{p} = -\frac{\partial v}{\partial q} \\ \dot{q} = p \end{cases} \quad p,q \in \mathbb{R}^n; \quad v \in C^2(\mathbb{R}^n)$$

has at least one periodic solution of energy h, provided that the set  $\{q \in \mathbb{R}^n \mid V(q) \leq h\}$  is compact.

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